Letter to Future Spouse*

- **Main Point:** Instill in your teen the importance of waiting until marriage to engage in sexual activity, and the long-term benefits that will bring in their future marriage.

- **Preparation:** Either a pen and paper, or a computer.

- **Suggested Age:** Teen

- **Estimated Time:** 20–30 minutes

When your children reach the appropriate level of maturity, help them write a letter to the person they hope to marry someday. Encourage them to write about their family, their interests, their hopes and dreams, and about the commitment they are making to remain pure so that they can experience the wonder and excitement of sexual intimacy with their spouse alone. This letter can become a powerful symbol and tangible reminder of the importance of remaining pure during the temptation-filled teen years.


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