Frozen Arms*

- **Main Point:** Help your children learn about what it means to be a servant (Mark 10:43–45 and James 1:27).
- **Preparation:** You’ll need some of your kid’s favorite candy or cookies and a Bible.
- **Suggested Age:** Preschool/Elementary
- **Estimated Time:** 10–15 minutes

Tell your children that you magically froze their arms so they are not allowed to bend elbows or wrists. Place candy or cookies in the middle of the table and tell them they can each eat one. Without bending their arms, however, it will be impossible to serve themselves—so they must figure out how to serve one another to get the good stuff! When done, read Mark 10:43–45 and James 1:27 and explain that we are called to serve those unable to serve themselves—but the real blessing comes back to us.

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